

# business solutions @ northbrook

## BITESIZESOLUTIONS

BITESIZESOLUTIONS are Northbrook Colleges great range of 1 hour business taster courses. Running every Thursday from 7.30am to 8.30am you will be given the opportunity to come along and enjoy an informative hour long discussion based on the corresponding One Day workshop.

### SO WHAT HAVE WE PUT ON THE MENU FOR YOU THIS MONTH?

#### PRESENTATION SKILLS

Does the thought of presenting to an audience send shivers up your spine? Well fear no more! This bite will take you by the hand and introduce you to what you need to know about communicating and presentation skills; whether it be preparation, delivery or the presentation itself.

#### HOW MUCH WILL IT COST?

As it's a bite size course we're offering you, it's a bite size price we're asking for! Each hour long session costs just £25.00 and includes not only refreshments but a huge discount of £20.00 off the full one day workshop price should you decide you would like to move on to the main course!

#### HOW DO I BOOK?

Simply contact us by email at [business.solutions@nbcol.ac.uk](mailto:business.solutions@nbcol.ac.uk), or by phone on (01903) 606114 and we will send you a copy of the booking form. Once you have completed the form, return it to us via email, or to Business Solutions @ Northbrook, 17 Liverpool Gardens, Worthing, West Sussex, BN11 1RY.

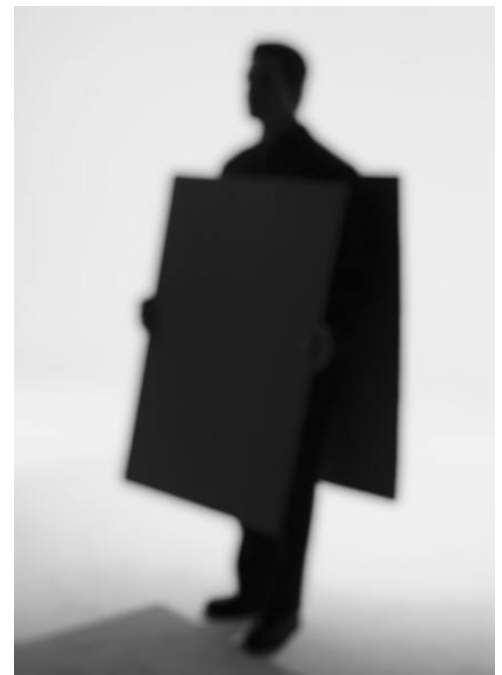
#### WHEN CAN I ATTEND?

BITESIZESOLUTIONS are available every Thursday morning between 7.30am and 8.30am. Upcoming dates available include:

- Thursday 11th February 2010, Thursday 18th February 2010, Thursday 25th February 2010

#### Quick Reference Guide!

<b>When?</b>	Between 7.30-8.30am every Thursday
<b>Where?</b>	17 Liverpool Gardens, Worthing
<b>How Much?</b>	£25 per bite (inc refreshments)



Please note that the specific content of bite size courses may vary as they are based on content from longer 6 hour courses